



STATE OF ALABAMA DEPARTMENT OF **PUBLIC HEALTH**

HALLOWEEN SAFETY (60 SECONDS)

Fall is here and Halloween is just around the corner. It's important to remember some safety tips to avoid injury while planning your Halloween activities and choosing costumes for your children.

This is Acting State Health Officer, Doctor Scott Harris.

According to the National SAFEKIDS Campaign, children are four times more likely to suffer a pedestrian-related fatality on Halloween than any other night of the year. There is also an increase in burns and falls during Halloween activities.

To help make your child's Halloween safe, it's important to take some precautions:

- Avoid trick-or-treating alone. Walk in groups or with a trusted adult;
- Decorate costumes, bags, and sacks with reflective tape and hold a flashlight while trick-or-treating to help you see and others see you; and
- Examine all treats for choking hazards and to make sure they have not been tampered with before eating.

For a complete list of safety tips recommended by the Alabama Department of Public Health, visit our website at Alabama-public-health-dot-gov. That's Alabama-public-health-dot-gov.

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